

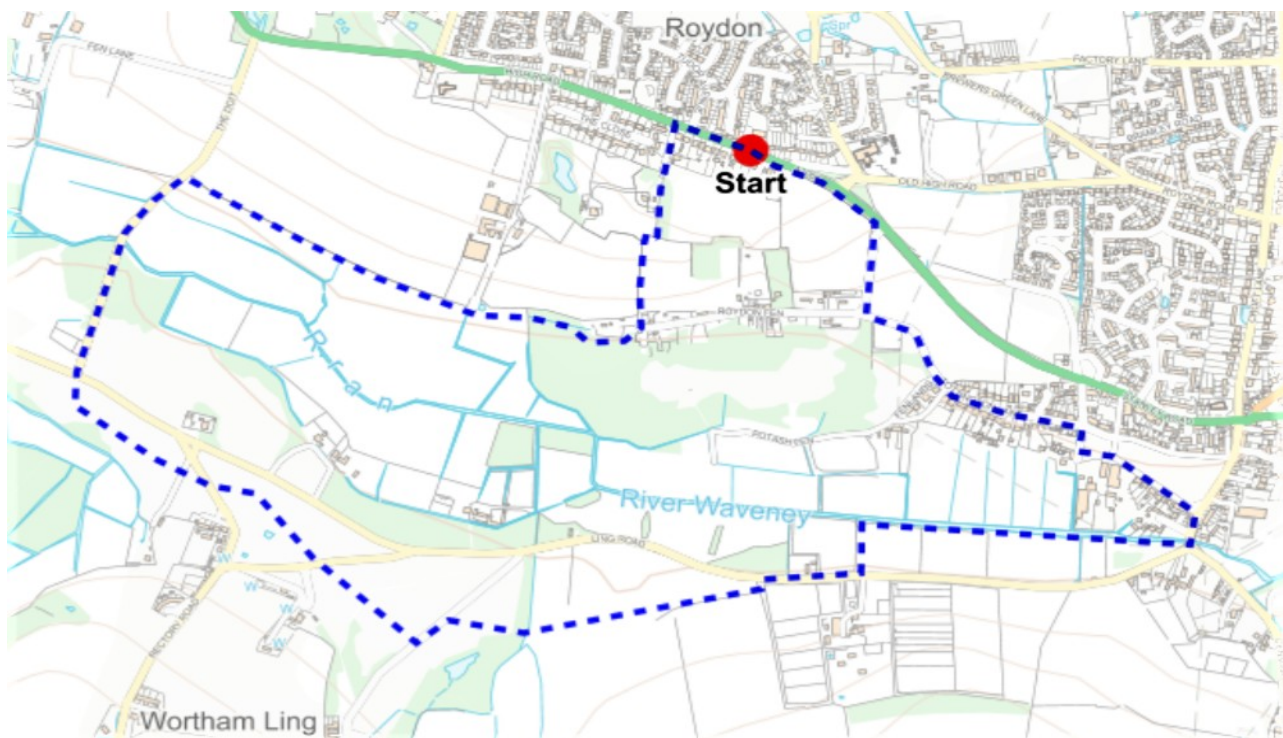
Walk 7

Roydon Walk - A Foot Into Suffolk

The walk is circular so can be joined at any point.

Much walking on rough surfaces, muddy at times. Several kissing gates and two stiles.

Distance: 4 miles (6.36K)



1 Start at the village hall – if you come by car you can park in the car park (please close the gate after you if it is closed when you arrive). Cross the A1066 (take care) and turn left down the footpath to reach Tottington Lane. Follow Tottington Lane, past the entrances to Roydon Fen and Potash Lane, until you come to a crossroads. You are now on the border between Roydon and Diss and in front of you is Fair Green.

2 Go straight over the crossroads, turn first right, then left at the end to pass by two five bar gates. Here are very good views of Fair Green itself and its wonderful buildings.

3 When you come to the road turn right, go over the bridge and turn immediately right onto a footpath. You are now in Palgrave, Suffolk. Go all along this footpath – through two kissing gates, over one stile, then a sharp turn left up to another stile onto Low Road.

4 Turn right along the road, past Star Cottage, and cross over to the footpath sign on the other side of the road. Go up this footpath a few yards and follow as it turns right over a footbridge.

5 Now follow this footpath as it follows the headland of two fields and past two tall wooden poles. Along here, at the right times of the year, is a lovely collection of wildflowers, including Green Alkanet.

6 You finally cross a bridge into a copse and into Wortham. You are now on Wortham Ling, which opens up before you as you exit the copse. Bear left when you reach a fork in the track until you come to a t-junction with a wider, mown track. Turn left and walk until you have a fine, isolated oak tree on your right. Turn right and you can see a gravelled double track going off to the left of the tree. Follow this.

7 You follow this track (it soon becomes single) right across the Ling – about $\frac{3}{4}$ of a mile. It crosses three roads. After the third road there is a fork in the track – bear right. Cross over a double gravelled track, notice the old mill house on the right, and keep bearing right when you see a t-junction signpost on the road over to the right. When very close to it leave the path and go over the rougher ground to reach it. Cross the road to go down the road opposite, with the car park on your left. Carry on over the bridge (you are now on The Doit) and along the road until you reach a kissing gate on your right.

8 Go through the kissing gate on the right and walk across the fields with the hedge nearby on your left. This is the Angles Way, with the River Waveney running through the water meadows on your right.

These fields used to be known as The Seven Meadows (not seven now!)

Note a wild pear tree in the hedge soon after you start (the first *single* tree).

Immediately after passing through another kissing gate next to a metal farm gate, notice on your right the ditch remains of a medieval moated house called Bush Hall (more details at [Medieval-moated-site - Norfolk Heritage Explorer](#)).

At the end of the fields there is a lynchet (raised bank) on the left– possibly made to prevent flooding from the river, or the result of many years of ploughing the field above.

9 Go through the kissing gate and you are now in Roydon Fen. Follow the track straight ahead and as it turns after a while sharp right and left. After you pass a house on the left you will find yourself on a gravelled road. Turn right along it and soon on the left is a footpath (beside house number 17/18)) which will take you up the field edge. Turn at the top to enjoy one of the best views in Roydon – over Roydon Fen hamlet, and the Waveney Valley. Follow the path through a strip of woodland until you come out by the entrance to The Old Sandpits – a reference to the existence around here once of sand, gravel, stone and flint pits. Continue on from the gate along the tarmac drive to Roydon's High Road, emerging between the petrol station on your left and the old police house on your right.

10 Turn right along the High Road to get back to the village hall.

Map courtesy of Parish Online and Ordnance Survey ©

With thanks to the Roydon Footpath Group – for walking the footpaths, for helping with maintenance when needed, and for help with writing these guides.

Many thanks to Andrew Daniels and David Bartrum for lots of local knowledge.

For more information or to let us know your comments please contact the Parish Council Clerk: Wendy Benson, roydondiss@gmail.com